## hef4kids@hotmail.com



## **Grants to Teachers Application Form**

Date:3/27/2019

Grant Title: Building Character in Middle School

School: Thomas Middle School

Grade Level(s): 4-8

Content Area: School Counseling

Total Dollar Amount Requested: \$302.52

1. What is the major educational need this grant addresses? Please give grade level and academic area.

Middle school is an exciting yet challenging time for students. These students need variety, relevance, and high interest activities in their educational pursuits. They experience rapid growth, frequent fatigue, and develop their own identities. This grant addresses the need for effective strategies addressing academic, emotional, and social needs of the middle school population. This grant is designed to help build an effective school counseling program for grades 4-8, including but not limited to:

Teaching
Group activities
Individual student sessions
Advisement
Crisis response.

The materials I am requesting will enable me to integrate important strategies into my program.

2. Approximately how many pupils will be affected by this project, both directly and indirectly?

All students at Thomas Middle School will be affected by my project. I anticipate enrollment to be between 325 and 350 students for the upcoming school year.

3. Describe your grant including methods, materials and objectives. Foundation grants are intended to fund a creative teaching plan, so if equipment or materials are requested it should be clearly stated as to why these are an integral part of the plan. Books ordered will be used to create lessons for individuals, small groups, and whole group sessions. Games ordered can be adapted or modified for

use in counseling sessions as icebreakers, or used to implement social and coping skills. "Jar" activities are used to engage groups in relevant, ageappropriate discussions concerning developmental issues. The tools needed for a school counseling program provide flexibility, adapt to individual needs, and strengthen relationships.

4. Give a time schedule of implementation.

Upon receipt of requested materials, programs will be immediately implemented. The school counselor will work with classroom teachers, the principal, and community leaders to provide a comprehensive counseling program.

5. Detail your budget request. Include specific information about kinds of materials and equipment needed, sources of supply, and costs (including shipping and handling). If possible, list alternatives if full funding is not available.

## Amazon.com

CBT Toolbox for Children and Adolescents: Over 200 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders —spiral bound \$24.22

Better Me Game: Self Improvement & Relationships, Teen Therapy, Social Emotional Counseling Activity \$54.95

Open Spaces Totika Self Esteem Game With 48 Question Card Deck - A Game of Fun, Skill and Communication \$29.95

CBT 123 Version 2.0: The Hilariously Fun Game That Empowers Kids and Teens to Take Charge of Their Thoughts, Actions, and Emotions – \$14.99

Mattel Games UNO Emoji Card Game \$5.65

SKIP BO Card Game \$6.99

Cranium Brain Breaks Game \$27.00

Mattel Apples to Apples Party in a Box Game \$14.44

Mindfulness Therapy Games: Social Skills Game that Teaches Mindfulness for Kids, Teens and Adults | Effective for Self Care, Communication Skills | 40 Cards for Play Therapy \$19.94

Set of Personal Strength Thumball and Self-Control Thumball with Bonus Magnetic

Memo Clip
\$33.99

Teen Talk in a Jar
\$9.99

Choices in a Jar Cards \$6.08

Chill Skills In a Jar®: Anger Management Tips for Teens \$8.48

Icebreakers In a Jar® \$9.46

What If? In a Jar: Questions and Dilemmas to Get Kids Thinking About Choices \$9.46
Cliques, Phonies & Other Baloney (Laugh & Learn®) \$9.46

 Subotal
 \$285.05

 Shippeing
 17.47

 Total
 \$302.52

6. What methods will be used for measuring the stated objectives, or what definite evaluation will you make to determine whether the grant was successful? (Please be specific)

As a school counselor, I rely on feedback from parents, teachers, and administration to determine efficacy of lessons, programs, and interventions. My goal is that the overall school climate is improved by enriching student curriculum with character education and social strategies.

I would look for less evidence of bullying, fewer incidents involving self-harm, and increased student performance in all aspects of academic life.